



# HOLISTIC HEALING MENU

- ★ Level 4 Master Reiki Energy Healing
- ★ Intuitive Soul, Aura & Chakra Readings
- ★ 1-2-1 Guided Meditation & Journey Work

- ★ Distant Healing
- ★ Animal Healing
- ★ Space Clearing

- ★ Shiatsu Acupressure
- ★ TFH Kinesiology
- ★ Meditation & Wellbeing Classes

## ENERGY EXCHANGE FEE

### CONSULTATIONS & DAY PACKAGES (MIX & MATCH)

3hrs	(SAVE R300)	R1800
2.5hrs	(SAVE R250)	R1500
2hrs	(SAVE R200)	R1200

### STANDARD SESSIONS & MAINTENANCE

90mins	(SAVE R100)	R950
60mins	(SAVE R50)	R650
45mins	(SAVE R25)	R500

### ADD ON'S / QUICK ENERGY BLITZ

30mins	(standard rate)	R350
15mins		R175



## SEA POINT

AVAILABILITY

TUES	7 - 9pm
WED	2 - 5pm & 7 - 9pm
FRI	1 - 9pm
SAT	12 - 7pm

BY APPOINTMENT ONLY

## HOLISTIC CONSULTATION

### 2.5HRS (RECOMMENDED & Goes By Very Quickly)

- Initial Consultation & Check In
- Heavy Grounding, Safely Opening Chakras using Earth Energy
- Chakra Scan & Balance; Past, Present, Blockages
- Aura Scan; Attachments, Cords, Holes, Tears
- Soul Reading; Current Spirit State & What it needs.
- Level 4 Reiki Energy Healing throughout session.
- Detailed Feedback & Explanation
- Sometimes TFH Kinesiology is used to find answers using muscle testing.
- Holistic Plan Recommendation Discussion (if needed)

2HRS As Above. Shorter Practice. Less Detailed Report

1.5HRS As Above. Much Shorter Grounding & Discussion. but with Verbal Chakra & Aura Report



## DISCOUNTS

- ★ 10% OFF for Elderly & Students (with valid ID)
- ★ 15% OFF for Loyalty Clients (who've had more than 8hrs x 60min sessions)
- ★ The discounts above are only for 30, 45 & 60min bookings
- ★ Loyalty clients who book a 90min session or longer gets additional time

## CHARMAINE HAIG

Accredited International Usui Reiki Master Teacher & Holistic Therapist (9yrs exp.)  
7yrs full-time at Master Level with over 2500 Reiki Hours.  
"I am an intuitive & a light worker for the greater good!"



+27 (0) 734 10 98 97  
(What's App)

- ✿ Gift Vouchers
- ✿ Mobile Call Out
- ✿ Corporate Work



## PACKAGES

21 Days of Healing...or more

4hrs	(SAVE R500)	R2300
6hrs	(SAVE R900)	R3300
8hrs	(SAVE R1400)	R4200
10hrs	(SAVE R2000)	R5000

NB: All packages are valid for a year. Pls enquire.